

**Training program – Lifestyle Planning: A transition to your retirement
Administrative, Support and Academic Staff Members**

Day 1 : May 17

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| 8:50 to 9:00 | Welcome Elodie Amoussougbo, Coordinator, operations and client service |
| 9:00 to 12:00 15 minutes break | Retirement: A Transition in Your Life Journey Suzanne Nault, MPs |
| 12:00 to 1:00 | LUNCH |
| 1:00 to 1:15 | Administrative Staff Retirees Association (ASRA) Lucie Mercier-Gauthier |
| 1:15 to 1:30 | Association of Professors Retired from the University of Ottawa (APRUO) Frans de Bruyn, President APRUO |
| 1:30 to 1:45 | Development Office Claude Drouin, Manager Planned Giving Sylvain Ladouceur, Manager Planned Giving |
| 1:45 to 2:00 | BREAK |
| 2:00 to 3:15 | University of Ottawa Pension Plan Neil Courtemanche, ASA, ACIA, Manager, Pension Plans and Benefits Human Resources |
| 3:15 to 3:45 | Group Insurance Plan and Retirees Benefits Patrick Taylor Benefits Specialist Human Resources |
| 3:45 to 4:00 | BREAK |
| 4:00 to 4:30 | Optional session - Supplemental Pension Plan + Finances Louise Pelletier, CEBS Team Lead, Pension Plans Human Resources |

Day 2 : May 18

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| 8:50 to 9:00 | Welcome Elodie Amoussougbo, Coordinator, operations and client service |
| 9:00 to 12:00 | Financial Planning Robert Thérout, PFA Roche Banyan, The retirement Planning Institute |
| 12:00 to 1:00 | LUNCH |
| 1:00 to 4:00 15 minute break | Wills and Estates Claude Fillion, Lawyer The Retirement Planning Institute |
| 4:00 | CONCLUSION |